



Homes that change
people's lives

Job Advert: Health & Well-being worker - Supported Housing

Details

Reference

002332

Salary

£26,000-£28,000 pro rata

Department

Support Services

Hours

18.25

Job Type

Permanent

Location

The Forecastle, Alveston, South Gloucestershire

Closing Date

Sunday, 10 May 2026

Planned Interviews

Monday, 18 May 2026

Job Description

Role Purpose

The Health and Wellbeing Worker will be primarily based at The Forecastle Supported Housing Scheme, delivering compassionate, person-centred support that promotes physical, mental, and emotional wellbeing. The role will also involve working across other South Gloucestershire schemes to ensure consistent access to health and wellbeing support.

In line with Elim's values, the post holder will support residents to improve their wellbeing, reduce harm, overcome health-related barriers, and move towards greater independence. The role will also support staff to deliver psychologically informed support, helping to create safe, respectful, and trauma-informed environments across services.

Key Responsibilities
Health & Wellbeing Support

- Provide one-to-one health and wellbeing support to residents at The Forecastle and across other South Gloucestershire schemes
- Support residents to access GP services, dentists, mental health services, and specialist health provision
- Promote positive mental health, emotional resilience, and self-care
- Support residents experiencing drug and/or alcohol misuse using non-judgemental, harm-reduction approaches
- Encourage healthy lifestyles, including nutrition, sleep, exercise, and wellbeing routines

Engagement & Support Planning

- Build strong, trust-based relationships that promote dignity, choice, and inclusion
- Complete health-focused assessments and contribute to personalised, outcome-focused support plans
- Support residents to understand and manage long-term health conditions

- Review progress regularly and adapt support in line with residents' goals and needs

Psychological Informed Support (Staff Support)

- Work alongside support staff to promote and embed psychologically informed approaches across all schemes
- Support staff to understand the impact of trauma, mental health, and adverse life experiences on residents' behaviour and engagement
- Provide guidance, advice, and informal coaching to help staff respond in a consistent, compassionate, and trauma-informed way
- Contribute to reflective practice discussions and team learning
- Support the development of environments that promote emotional safety, stability, and wellbeing

Partnership Working

- Work collaboratively with internal teams and external partners including:
 - GP practices, community health and mental health services
 - Drug and alcohol services such as Developing Health and Independence
 - Housing Benefit and Housing Access teams at the Council
 - Department for Work and Pensions (DWP)
- Support referrals, joint working, and residents' engagement with services
- Advocate on behalf of residents where appropriate

Risk Management & Safeguarding

- Identify health-related and wellbeing risks and respond appropriately
- Follow Elim safeguarding policies and procedures
- Record, report, and escalate concerns in line with organisational and statutory requirements

Administration & Compliance

- Maintain clear, accurate, and up-to-date case records
- Contribute to monitoring, audits, and service reviews
- Comply with health and safety requirements across all schemes
- Attend team meetings, supervision, and training

Person Specification

Person Specification

Essential

- Experience working with vulnerable adults or individuals with complex needs
- Knowledge of mental health, substance misuse, and health inequalities
- Understanding of trauma-informed or psychologically informed approaches
- Ability to build positive professional relationships with residents and staff
- Strong communication and organisational skills
- Ability to work flexibly across multiple locations
- Understanding of safeguarding, confidentiality, and professional boundaries

Desirable

- Qualification in Health, Social Care, Mental Health, or a related field
- Experience in supported housing, homelessness, or community services

- Experience of supporting staff practice or reflective discussions
- Experience of partnership working with statutory or health services

Benefits

Elim recognises our highly-skilled and dedicated colleagues are our greatest asset in achieving our vision. Elim colleagues benefit from:

- 25 days annual holiday rising to 30 days.
- Paid day off for your birthday each year.
- Access to training and career development through Elim Skills Academy
- Company pension.
- Life Assurance.
- Annual bonus.
- Health cash plan, which includes discounts to a wide range of shops and services.
- Free onsite car parking
- Ability to work from home on occasion to complete training and admin.

Contact Us

Units 3 & 4, Pinkers Court,
Briarlands Office Park, Gloucester Road,
Rudgeway, South Gloucestershire
BS35 3QH

Call: 01454 411172

Email: HR@ElimHousing.co.uk

About US

Providing homes, supporting people.

Elim Housing is a socially responsible business delivering quality homes and support services which positively change people's lives.

We engage and innovate, and work in collaboration with others to enhance the wellbeing and independence of individuals and communities.